

# PILOT FATIGUE REPORT

6893  
RESPONDENTS



31

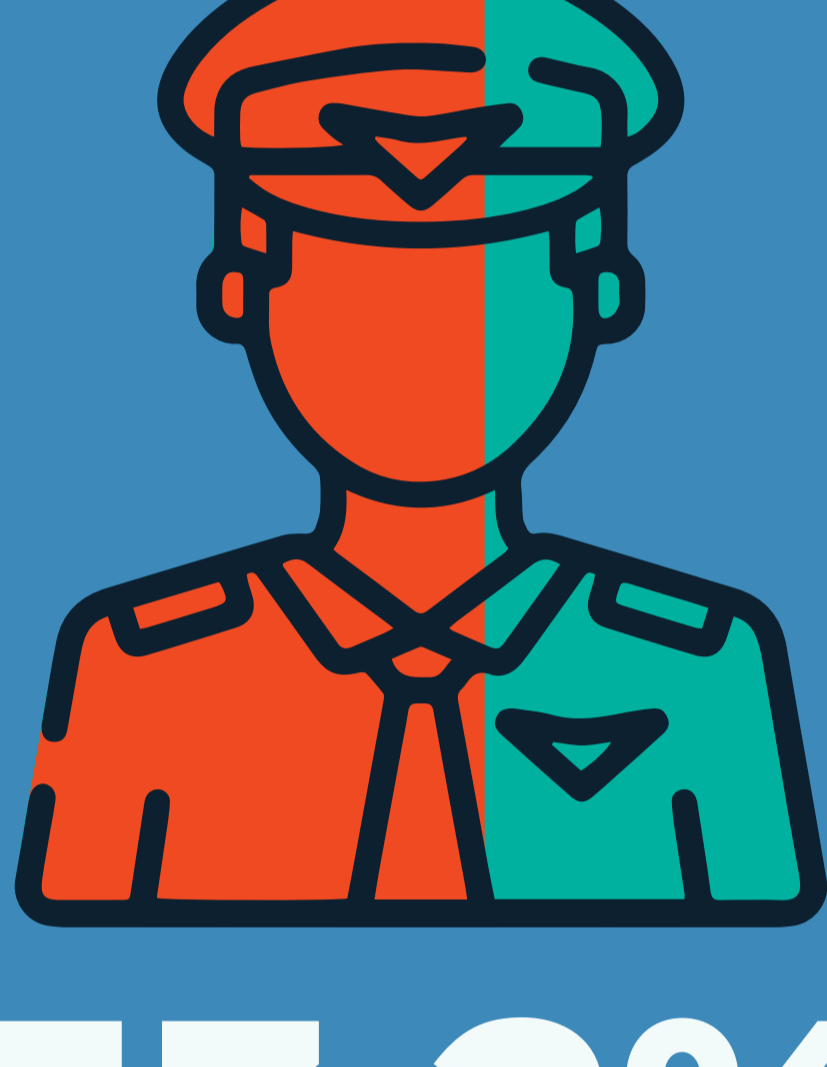
EUROPEAN  
COUNTRIES  
COVERED



The report 'A fatigue survey of European Pilots' (by Baines Simmons) analyses the responses from nearly 6.900 European pilots from 31 countries.

The report identifies not only significant indicators of fatigue ahead of the busy 2023 summer period, but also structural shortcomings in how European airlines manage their fatigue risk and in the national safety oversight

## Managing fatigue risk



53,2%

of pilots think that fatigue risk is not well managed in their airline



13%

of pilots believe their airlines communicate well about fatigue reports



12%

trust their airline's fatigue reporting system



11%

think their fatigue reports led to operational changes to improve safety

## Extending flight duties

1 IN 5  
PILOTS

used **Commander's Discretion** ('CD') to extend flight duties twice or more in the past 4 weeks



3 IN 5  
PILOTS

are

- slightly - moderately - highly - concerned about negative consequences if they refused to extend a flight duty under CD



## Microsleeps in the cockpit

3 out of 4

pilots experienced at least one microsleep & 1 out of 4 pilots reported 5 or more microsleeps whilst operating an aircraft in the past 4 weeks



1 out of 3

had

- usually - always - insufficient rest to prevent cumulative fatigue

## Oversight challenges

A trend which stands out across the survey data is that airlines registered in Malta, Spain, Ireland, and the UK, score consistently lower on fatigue management, reporting, rest, or use of Commander's Discretion and fear of refusing it.



Ireland



Malta



UK



Spain